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**26
FEB**

EDITORIAL

ANALYSIS

READING

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WITH

MCQs

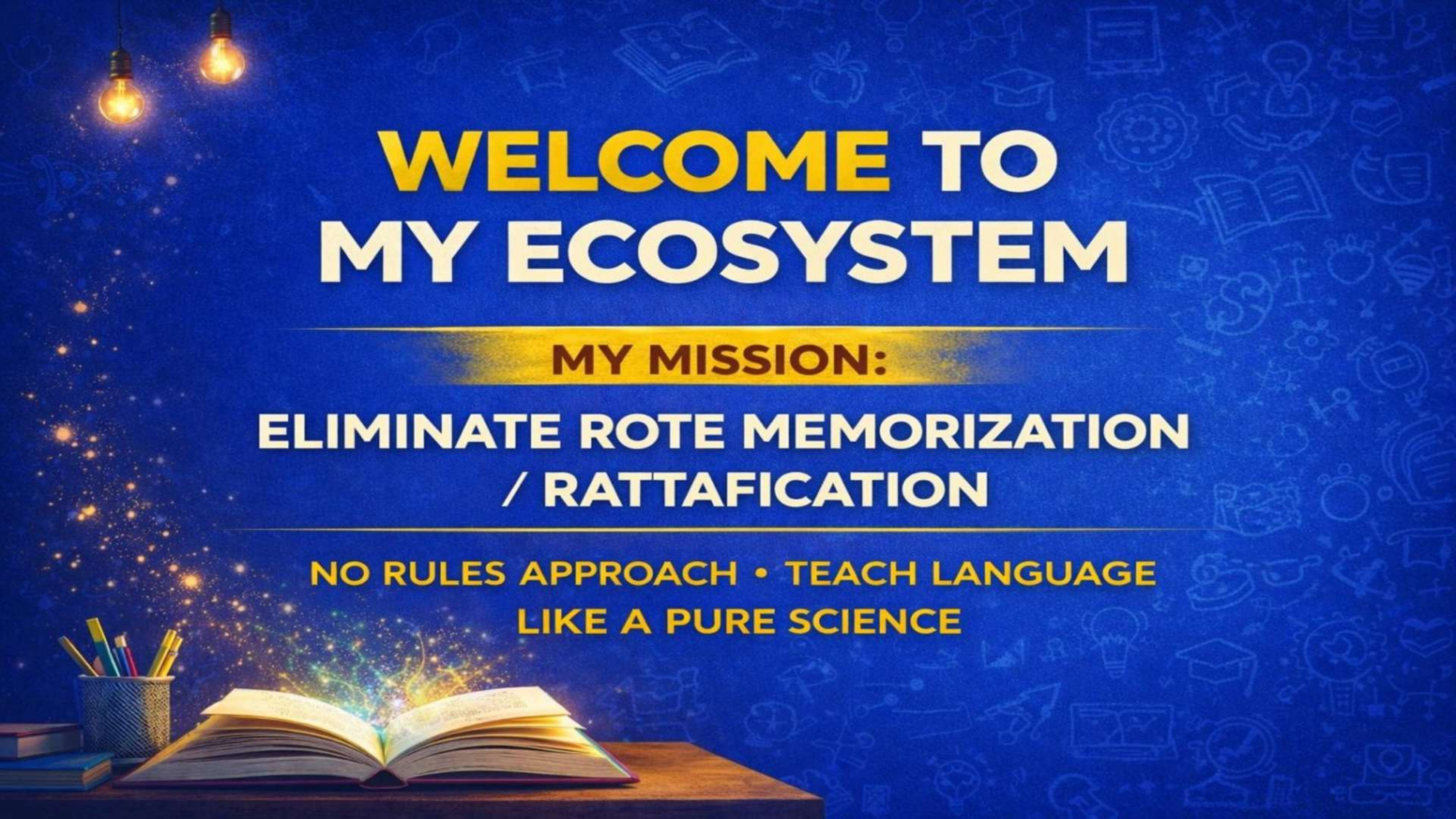
BANK

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WELCOME TO MY ECOSYSTEM

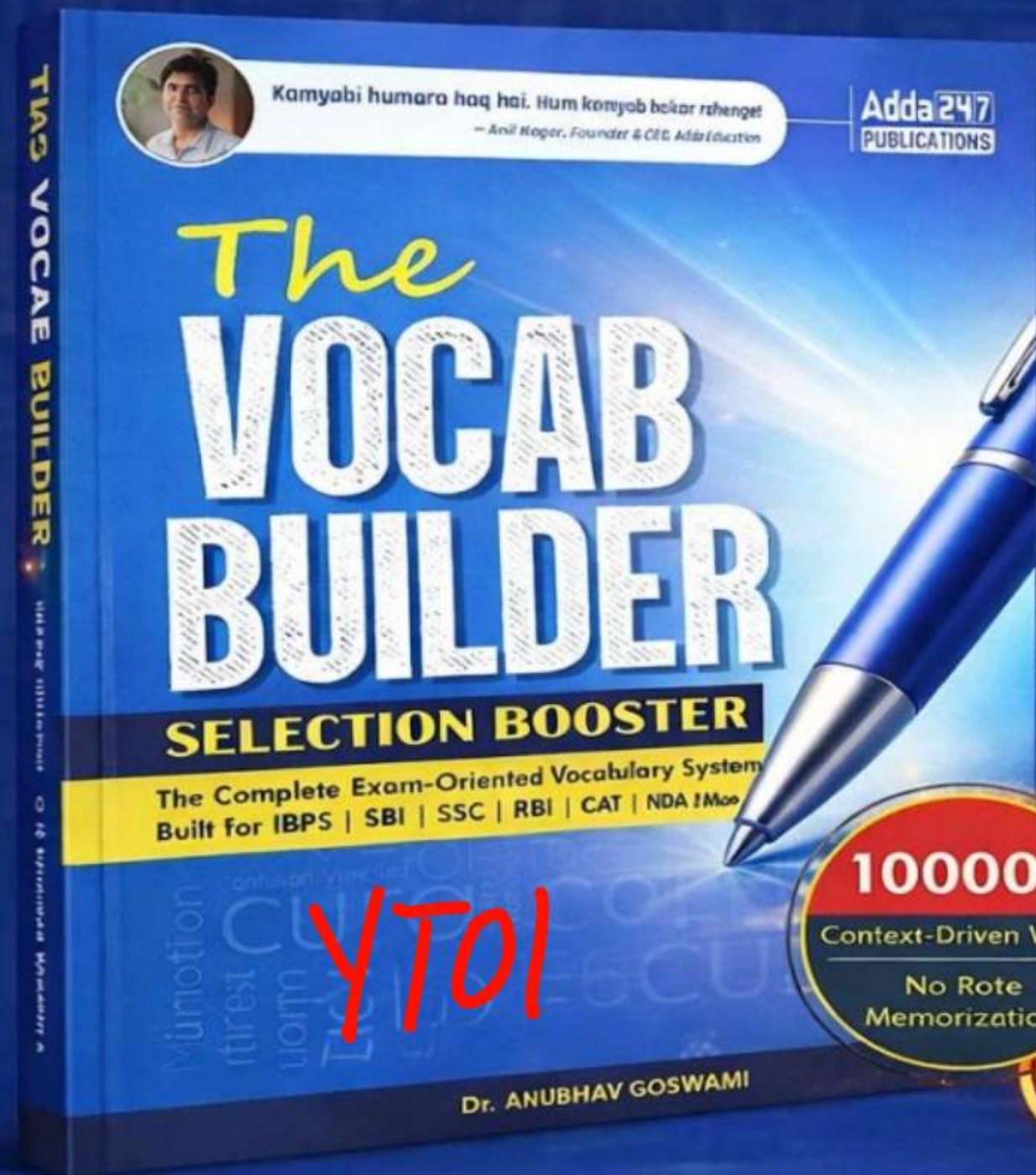
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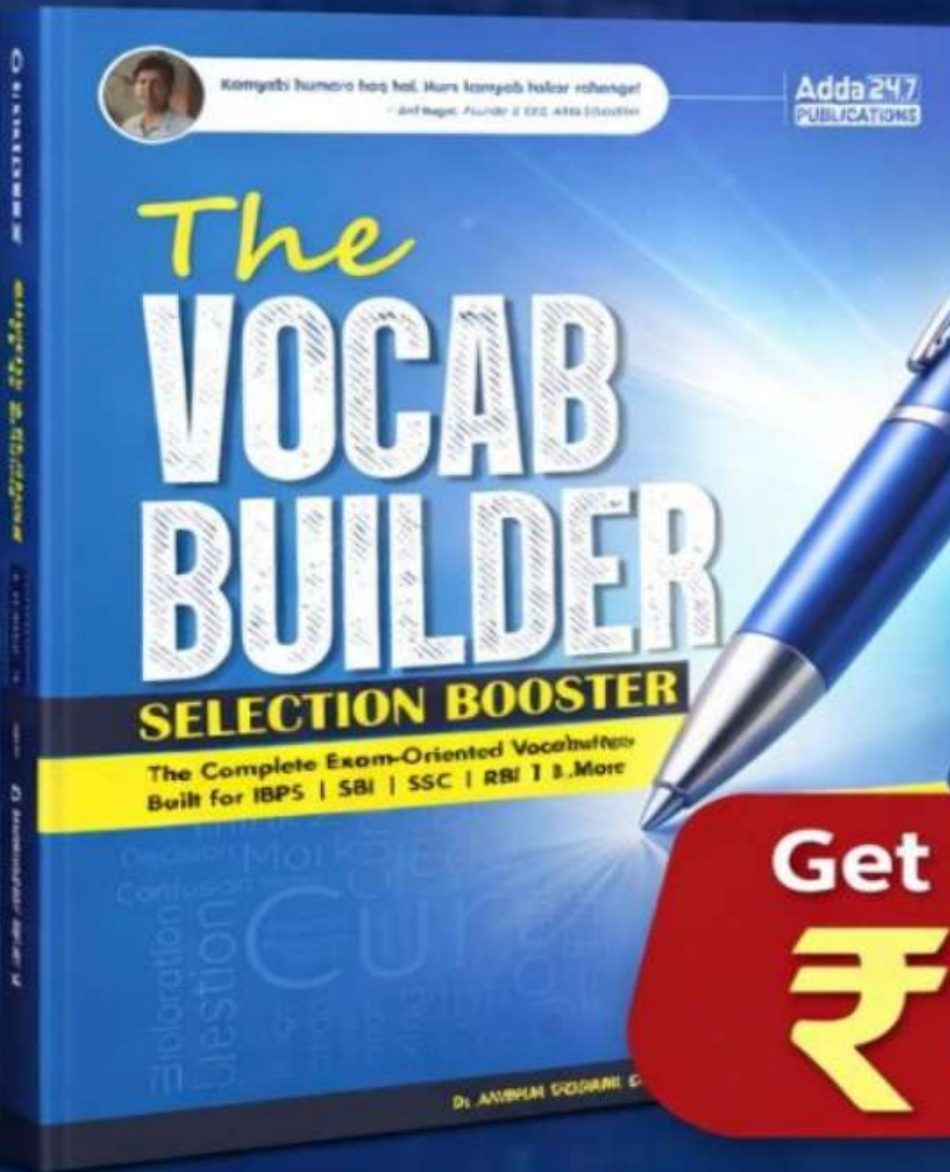
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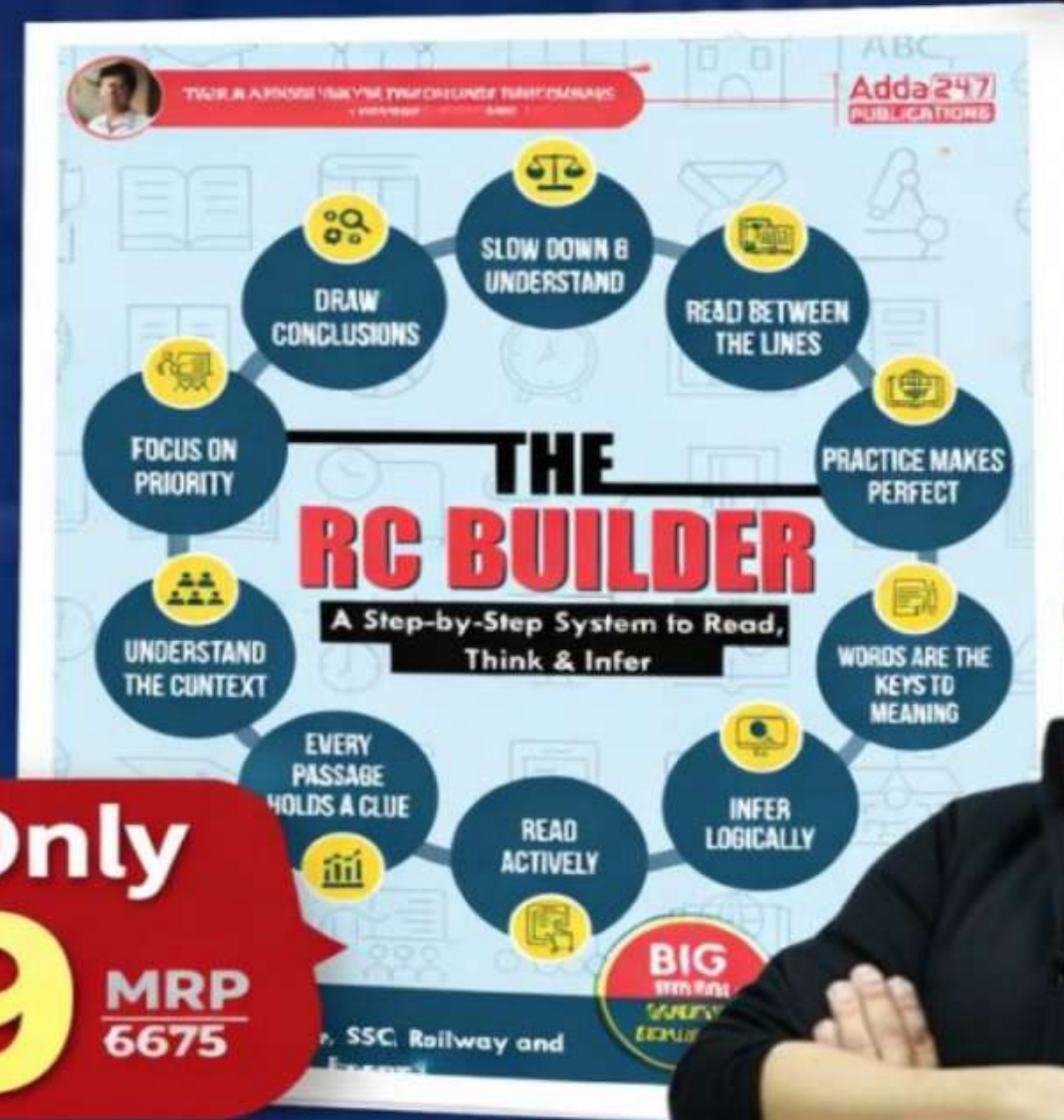
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**THE HINDU
EDITORIAL**

The most logical way to
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🕒 11:30 AM

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Practice and Concept Understanding
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THE HINDU VOCAB NOTES

the hindu 14 Feb 26 Dr. Anubhav Goswami

1. CHIDE - to rebuke sharply or irritably (transitive)	Syn - Reprimand, Convince, Berate	Anto - Commend, Praise, Praise
2. BUDGE - to move or change position unwillingly (V)	Syn - Yield, Relent	Anto - Resist, Deny, Adversary
3. DEVOUR - to consume greedily or destroy completely (V)	Syn - Engulf, Devour, Consume	Anto - Sustain, Preserve, Refrain, Conserve
4. INTREPID - Fearless in the face of danger (adj)	Syn - Fearless, Daring, Fearless	Anto - Timorous, Timid, Spineless
5. SLUGFEST - a prolonged and violent confrontation (N)	Syn - Brawl, Clash, Fight	Anto - Truce, Armistice, Peace

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#3

RBI ASSISTANT 2026



40

DAYS

CRASH COURSE

SUPERMOCK

ENGLISH

DAY-2

ज्ञान लगा दो
या जाने दो





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2024



ALLUDE

refer indirectly ✓

Allusion

SYNONYMS

Imply ✓

Hint ✓

Suggest ✓

Intimate ✓

Invoke

Refer ✓

Insinuate ✓

Cite

Denote ✓

संकेत करना

Elude - to escape ✓

ANTONYMS

Declare ✓

Proclaim ✓

Assert ✓

Specify ✓

Expound ✓

Elucidate

Pronounce ✓

Articulate

Allude or Elude?



allude
(to hint at)



elude
(to escape)

FORMS

Beat around the bush ✓

Drop a hint ✓

During the press briefing, the minister chose to _____ to internal disagreements without revealing specific names.



APOPLECTIC

overcome with furious anger

क्रोध से उन्मत्त (Apm)

Splenetic

Phlegmatic
Stoic

Calm
Serene

SYNONYMS

Indignant

ANTONYMS

Incensed ✓

Enraged ✓

Irascible ✓

Wrathful ✓

Livid

Injured ✓

Seething

Choleric ✓

Furious

Composed ✓

Equanimous ✓

Placid ✓

Temperate

Tranquil

Unruffled

Palliative
Mollifying
Assuaging

Soothing



FORMS

Foam at the mouth ✓

Fly off the handle

Unperturbable

The director became _____ when he discovered the confidential report had been leaked.



FRAUGHT

तनावपूर्ण (Nay)

filled with tension or risk

SYNONYMS

Perilous ✓

Precarious ✓

Volatile ✓

Charged ✓

Tumultuous ✓

Chaotic
Ominous

Treacherous

Contentious

ANTONYMS

Secure ✓

Stable ✓

Benign ✓

Serene ✓

Calm

Harmless / Innocuous

FORMS

Walking on thin ice

A powder keg



The institution remained financially + despite the broader market volatility.



CONTRITE

पश्चात्तापी (Pen)

deeply remorseful

SYNONYMS

Penitent ✓
Remorseful ✓
Repentant ✓
Regretful ✓
Humble ✓

Rueful ✓
Compunctious ✓
Ashamed ✓
Apologetic ✓

ANTONYMS

Unrepentant ✓
Defiant ✓
Impenitent ✓
Unremorseful ✓
Apathetic ✓

Insolent

Callous ✓
Arrogant ✓
Brazen ✓
Indifferent ✓



FORMS

Beat one's breast ✓
Hang one's head ✓

Even after the inquiry, he appeared _____ about his controversial remarks.



SWATHE

लपेटना

Verb / Noun

wrap or envelop

SYNONYMS

Envelop ✓
Shroud ✓
Cloak ✓
Drape ✓
wrap

Mantle

Sheathe
Veil
Conceal
obscure

ANTONYMS

Unveil ✓
Expose ✓
Uncover ✓
Strip ✓

Divest
Bare
Peel



FORMS

Shrouded in secrecy
Cloak and dagger

Early morning mist began to _____ the valley, blurring the outline of distant hills.



PLUMMET

तेज़ गिरना

fall sharply

Decrease
Slump
Nosedive
Carroche

SYNONYMS

Plunge
Nosedive
Tumble
Collapse
Sink further
Descend
wane

Dwindle
Erode
Ebb
Subside

ANTONYMS

Soar
Ascend
Surge
Rally

Burgeon

Surge
Proliferate
Augment
Ameliorate
Snowball
Rebound



FORMS

Hit the skids
Go into a tailspin

Investor confidence began to _____ following the unexpected policy reversal.



DISDAIN

तिरस्कार

Noun

Insult

contemptuous scorn

Disparagement

SYNONYMS

Contempt ✓
Derision ✓
Scorn ✓
Loathing ✓

Condescension

Sheer
Belittling

Reprobation

Antipathy

ANTONYMS

Admiration ✓
Esteem ✓
Respect ✓
Reverence ✓

Respect

Regard

Affinity

Deference ✓



FORMS

Turn one's nose up at ✓
Treat with contempt ✓

Her unwavering integrity earned the _____ of colleagues across departments.



DISENCHANT

remove illusions ✓

मोहभंग करना

SYNONYMS

Disillusion ✓

Disabuse ✓

Disappoint ✓

Detract ✓

Dishearten ✓Unsettle ✓

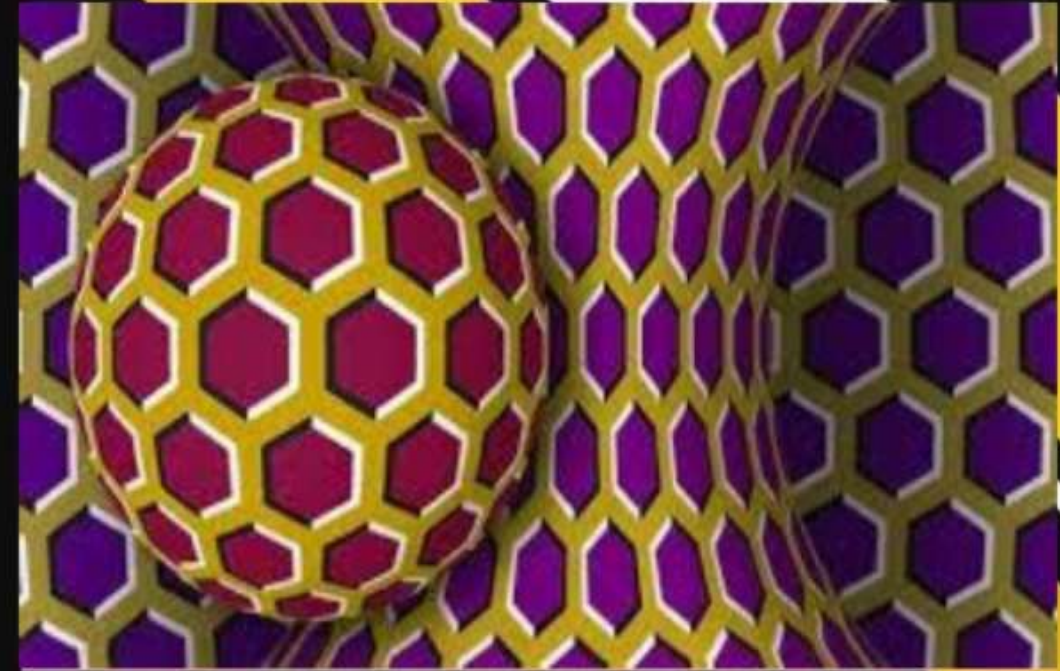
ANTONYMS

Enchant ✓

Captivate ✓

Delight ✓

Inspire ✓

Fascinate ✓Uplift ✓Charm ✓

FORMS

Bring down to earth

Take the shine off ✓

The speaker's eloquence managed to _____ the audience throughout the session.



DERIDE

उपहास करना

ridicule contemptuously

Insult

SYNONYMS

Ridicule ✓
Mock ✓
Lampoon ✓
Satirize ✓

Sneer

ANTONYMS

Praise ✓
Commend ✓
Applaud ✓
Laud ✓



FORMS

Laugh to scorn
Pour scorn on

Critics were quick to _____ the proposal as impractical and poorly conceived.



GALVANISE

stimulate into action

प्रेरित करना
Verb

SYNONYMS

Stimulate ✓
Electrify ✓
Spur ✓
Incite ✓
Inflame ✓
Motivate ✓
Inspire ✓
Rouse ✓
Provoke ✓
Incite ✓

ANTONYMS

Deter ✓
Discourage ✓
Inhibit ✓
Suppress ✓
Preclude ✓
Repress ✓
Hinder ✓
Obstruct ✓
Stymie ✓

VOCABULARY Galvanize

(v.)

/galvanʌɪz/

Meaning-
to shock or excite
someone into taking
action



Example-
The speech galvanized the crowd to start
the protest.

@empower_english2020

FORMS

Rally the troops ✓
Stir into action ✓

The reform agenda helped _____ public support for systemic change.



PHRASAL VERBS

- **Fob off on** – to pass a problem or responsibility onto someone else to avoid dealing with it oneself.

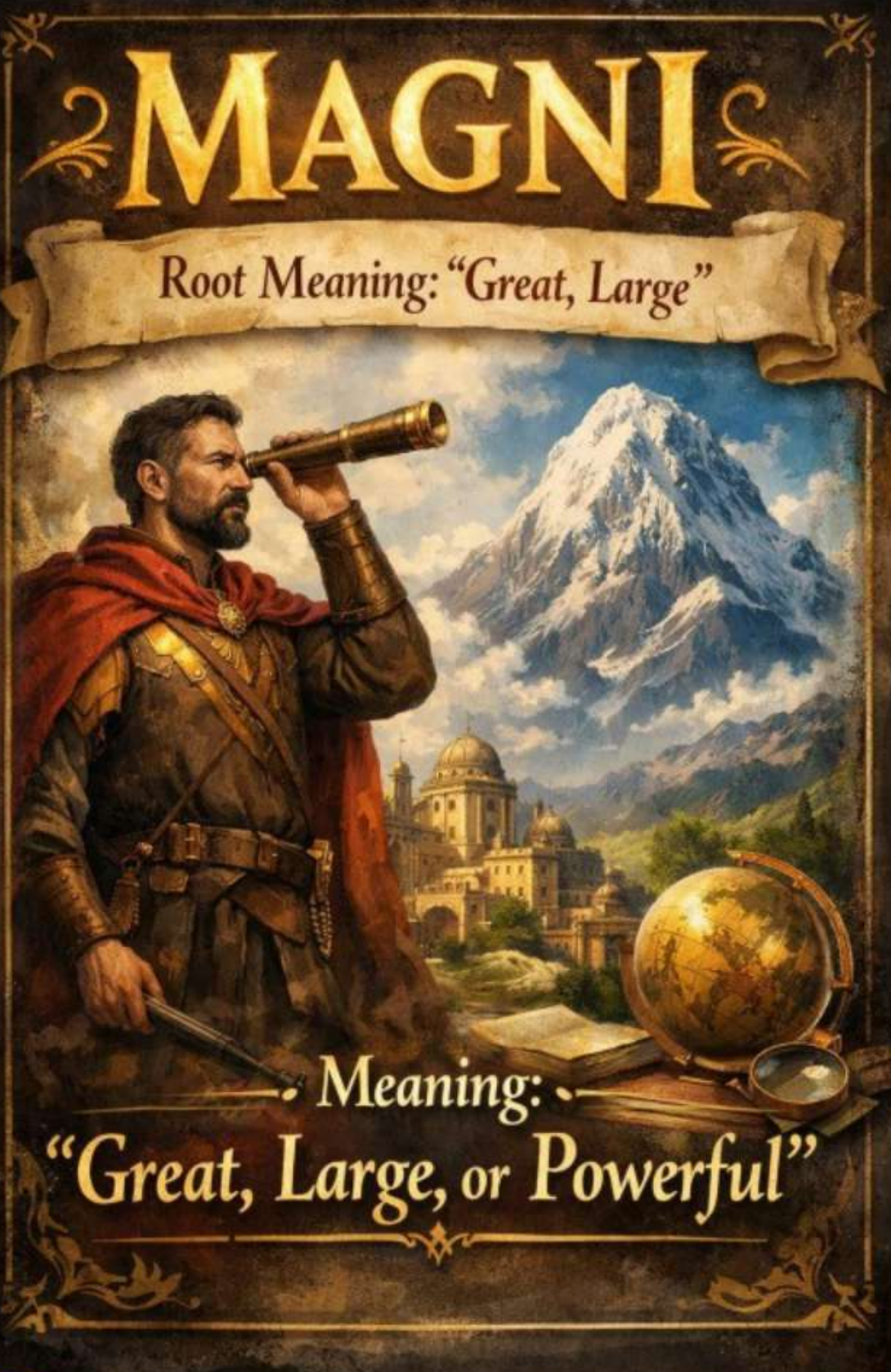
Sentence: The department tried to fob off the accountability for the delay on subordinate staff.

- **Rake over** – to revisit and examine an old issue repeatedly, often unnecessarily.

Sentence: The committee chose not to rake over past controversies during the reform discussions.

- **Sift through** – to examine something carefully in order to separate what is useful from what is not.

Sentence: Investigators had to sift through thousands of documents to identify financial discrepancies.



1. Magnify – to make larger
2. Magnifier – enlarging lens
3. Magnificent – grand; splendid
4. Magnificence – grandeur
5. Magnanimous – generous; big-hearted
6. Magnanimity – generosity of spirit
7. Magnate – powerful person
8. Magnitude – greatness in size/importance
9. Magniloquent – using grand language
10. Magnific – great; noble

BANKING | SSC | OTHER COMP EXAMS



120 CONCEPTS OF **+30** **GRAMMAR**

NO RULE APPROACH

- By Anubhav Sir



In his 2026 State of the Union address, U.S. President Donald Trump chose to (double down) on the politics of his conservative support base by **touting** his second administration's achievements with regard to divisive, if not polarising issues relating to immigration, the cost of living, and foreign policy concerns including tariffs and the prospect of war in the context of Iran. The speech itself comes at a **fraught** moment for the Trump White House, days after the U.S. Supreme Court struck down its use of the International Emergency Economic Powers Act to slam a broad **swathe** of trading partners, including India, with punitive tariffs. An apparently **undaunted** Mr. Trump repeated his earlier remarks on social media hinting at **disdain** for the ruling, when he described it during the speech as "unfortunate" and argued, against evidence to the contrary regarding the **burgeoning** public debt, that the tariff revenues received by his government were "saving" the U.S. Similarly, he neatly avoided **alluding** to the two Americans killed in ICE raids in Minneapolis or the agency's other heavy-handed actions targeting "criminal aliens" and "drug lords". With regard to Iran, even though Washington has rapidly built up its force posture across West Asia following Teheran's crackdown on protesters, Mr. Trump appeared to be holding out hope for a **modus vivendi** when he said, "My preference is to solve this problem through diplomacy. But... I will never allow the world's number one sponsor of terror, which they are by far, to have a nuclear weapon."

If Mr. Trump's remarks in Congress sounded (self-congratulatory), that might have been because they echoed a well-rehearsed campaign speech ahead of the critical mid-term elections. While it is true that inflation has gradually come down during Mr. Trump's second term, his description of the price trend as "**plummeting**" might have appeared to some to be an exaggeration, especially given that it was under his predecessor Joe Biden that prices came off their nearly 9% peak in mid-2022 to 2.9% by the time Mr. Trump entered the White House, leading to the current rate of nearly 2.4%. More concerning for the White House and Republican lawmakers, opinion polls suggest that most Americans are **disenchanted** with the tariff policy and its cost-escalating pressure on the economy, with the design and implementation of the current immigration policy, and with the perceived involvement of Mr. Trump in the Epstein scandal. While an upbeat address to a joint session of Congress might **galvanise** the faithful, it will take more than words to alter the bitter ground realities faced by the common people and they tend to express their frustrations in this context at the ballot box. ✓

1. What is the central purpose of the President's address as portrayed in the passage?

- A. To project administrative successes while energising a biased constituency
- B. To present bipartisan reforms aimed at reconciling ideological divisions
- C. To concede policy failures and propose conciliatory legislative remedies
- D. To outline neutral economic indicators without political embellishment
- E. To defer contentious matters pending judicial and congressional review

2. Why does the author compare inflation rates under two administrations?

- A. To defend earlier trade protection measures
- B. To prove the current leadership achieved full recovery
- C. To criticise independent financial institutions
- D. To show inflation has consistently increased
- E. To question the way economic improvement is presented

3. Which of the following can be inferred regarding public opinion?

- A. Citizens overwhelmingly endorse intensified trade restrictions
- B. Voters remain largely apathetic toward economic policy shifts
- C. Public sentiment reflects dissatisfaction across policy fronts
- D. Approval ratings have surged due to immigration enforcement
- E. Electoral concerns are confined to foreign policy decisions

4. Which of the following best captures the author's broader argument?

- A. Trade protectionism ensures domestic economic revival
- B. Judicial intervention consistently shapes foreign relations
- C. Electoral rhetoric cannot permanently obscure lived realities
- D. Immigration reform remains universally popular among voters
- E. Diplomatic ambiguity strengthens geopolitical deterrence

5. Which of the following statements are correct according to the passage?

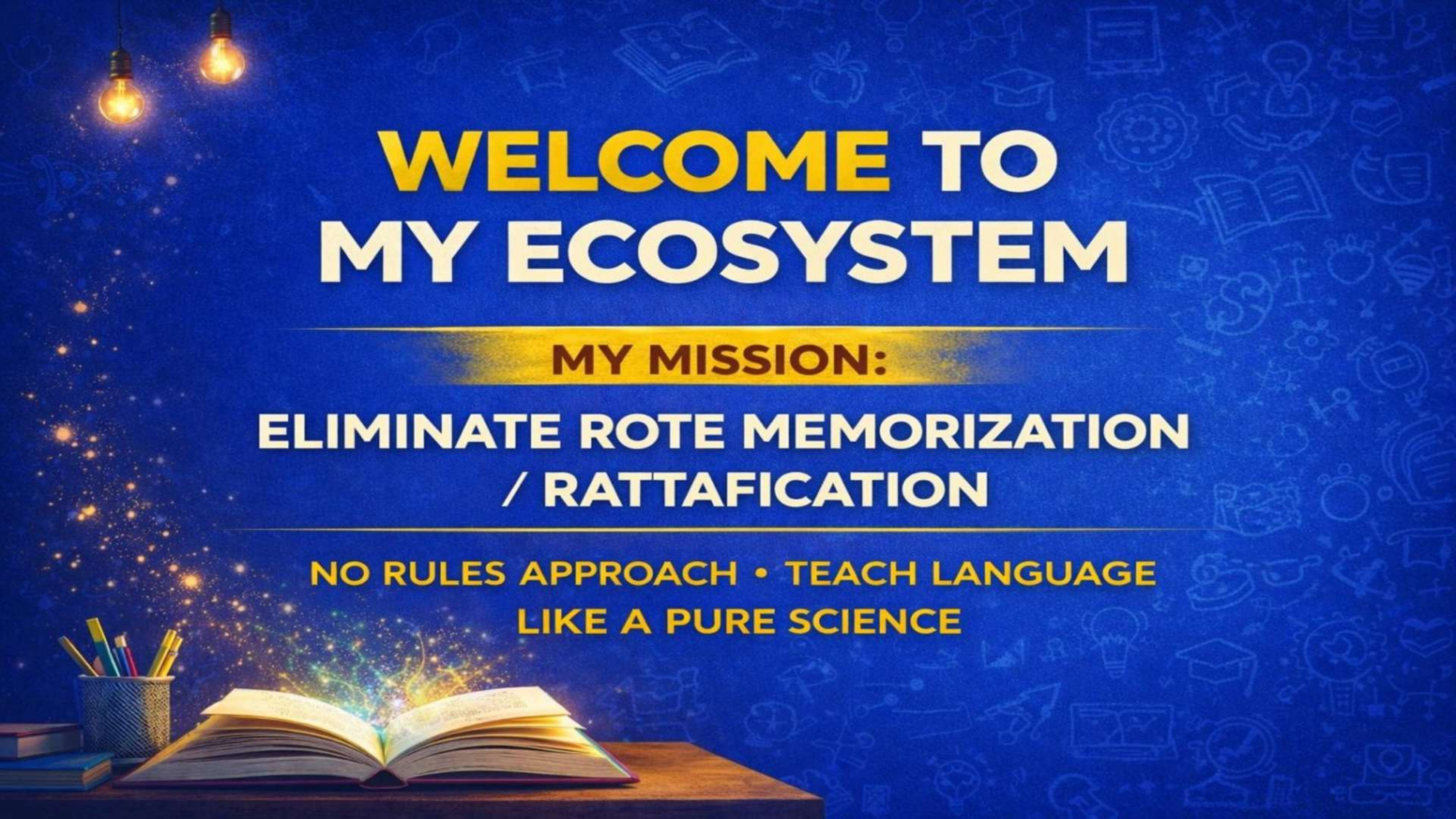
- A. The President continued to defend the tariff policy despite judicial opposition.
- B. The Supreme Court fully supported the use of emergency trade powers.
- C. The speech avoided reference to certain controversial enforcement actions.
- D. Public opinion strongly favours the current tariff measures.
- E. Inflation had already declined significantly before the current term began.

- A. Only 1 and 3
- B. Only 1, 3 and 5
- C. Only 2 and 4
- D. Only 1, 4 and 5
- E. All 1, 2, 3, 4 and 5

6. Which of the following statements reflect the author's critical stance?

- A. The description of inflation as "plummeting" may be exaggerated.
- B. Tariff revenues clearly solved the issue of public debt.
- C. Public dissatisfaction extends across multiple policy areas.
- D. The administration avoided mentioning certain negative incidents.
- E. The Supreme Court ruling strengthened executive authority.

- A. Only 1 and 4
- B. Only 1, 3 and 4
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WELCOME TO MY ECOSYSTEM

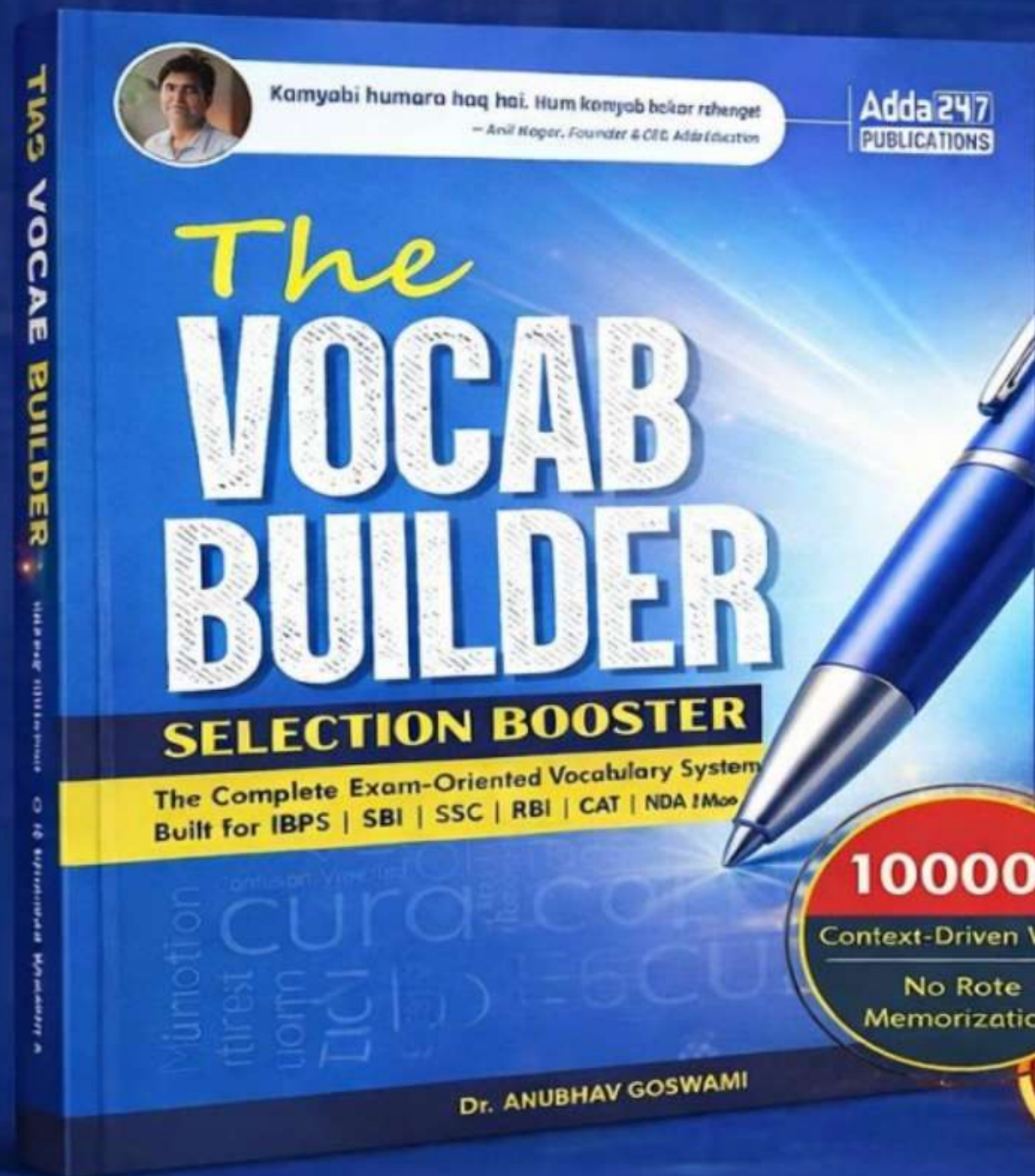
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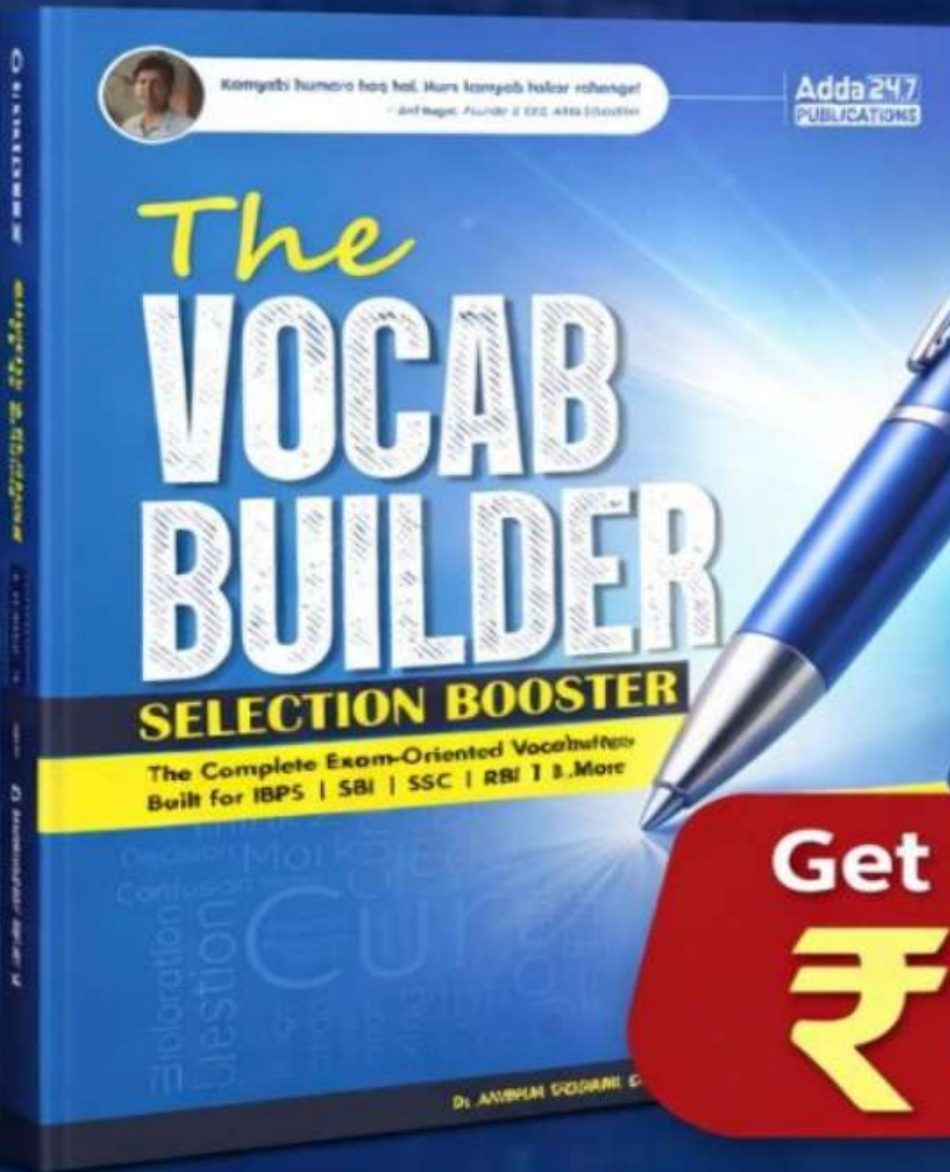
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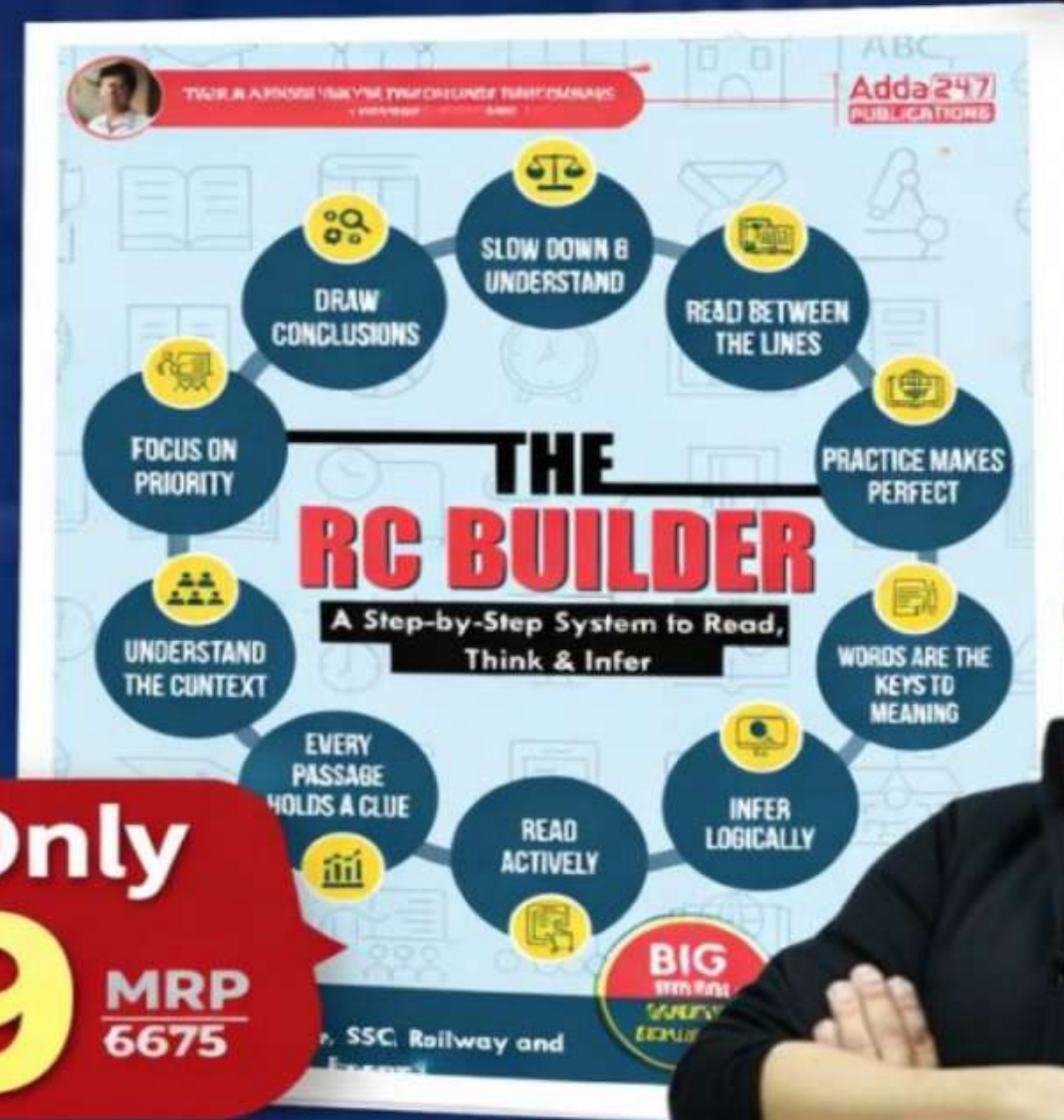
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the hindu 14 Feb 26 Dr. Anubhav Goswami

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#3



In contemporary India, bottled water has shifted from occasional convenience to everyday necessity. Across railway stations, offices and restaurants, packaged drinking water is now routine, driven by declining trust in municipal supplies and the belief that water sealed in plastic is safer. Recent scientific studies, including research conducted in India, have begun to challenge this perception. While bottled water is regulated and generally microbiologically safe, concerns are no longer limited to bacteria and pathogens. Attention is turning to less visible risks, including microplastic particles and trace chemicals that leach from plastic containers, and their potential long-term implications for human health and environmental sustainability.

Microplastics are plastic particles smaller than five millimetres. Bottled drinking water has become a direct route of human exposure. A study in Nagpur detected microplastics in all sampled brands, with concentrations ranging from 72 to 212 particles per litre. Locally bottled water showed higher contamination than national brands, pointing to gaps in bottling practices and quality control. Similar findings emerged from studies in Mumbai and coastal Andhra Pradesh, where microplastics were detected in every sample analysed. These findings indicate that microplastics in bottled drinking water constitute an emerging contaminant in India.

The health effects of ingesting microplastics remain under investigation. These particles can carry toxic additives and pollutants, and emerging research suggests smaller particles may cross biological barriers. The issue is compounded by nanoplastics, which fall below detection thresholds and remain outside existing safety regulations.

This reveals a regulatory gap: exposure through everyday sources such as bottled water is documented, yet safety standards remain focused on visible or short-term contaminants, leaving potential long-term risks unmonitored. While detected chemicals often remain within regulatory limits, existing standards assess isolated substances over short durations. They do not adequately account for cumulative, long-term exposure to multiple additives in combination with microplastics.

In India, packaged drinking water is regulated primarily by the Food Safety and Standards Authority of India (FSSAI). However, current standards do not include testing for microplastics or adequately address long-term exposure to plastic-derived chemicals. Enforcement gaps persist, especially among numerous small bottling units operating with limited oversight. The public health risks of bottled water cannot be separated from its environmental footprint. Single-use bottles contribute significantly to India's plastic waste crisis, fragmenting into microplastics that re-enter ecosystems and water sources.

Bottled water remains indispensable during emergencies and in areas lacking potable infrastructure. The concern is over-dependence and misplaced trust. Reducing exposure requires point-of-use filtration, avoiding heat storage, expanding refill stations, strengthening municipal systems, improving transparency, and updating regulatory frameworks to include routine testing for microplastics and plastic-derived contaminants.

When scientific evidence accumulates, the question is not whether the problem exists, but whether regulatory institutions are willing to acknowledge, measure and address it.

7. If the Supreme Court had mandated a household-based verification, the author suggests it would likely have:

- A. accelerated the publication of revised rolls
- B. reduced reliance on outdated demographic estimates
- C. increased administrative convenience for officials
- D. ensured more comprehensive voter inclusion
- E. curtailed judicial scrutiny of electoral procedures

11:30

8. Which inference can be drawn regarding gender-based deletions?

- A. Male electors faced systematic exclusion in rural constituencies
- B. Women experienced proportionately higher removals
- C. Gender data lacked statistical reliability for evaluation
- D. Female migration patterns stabilized registration ratios
- E. Judicial audits corrected imbalances before publication

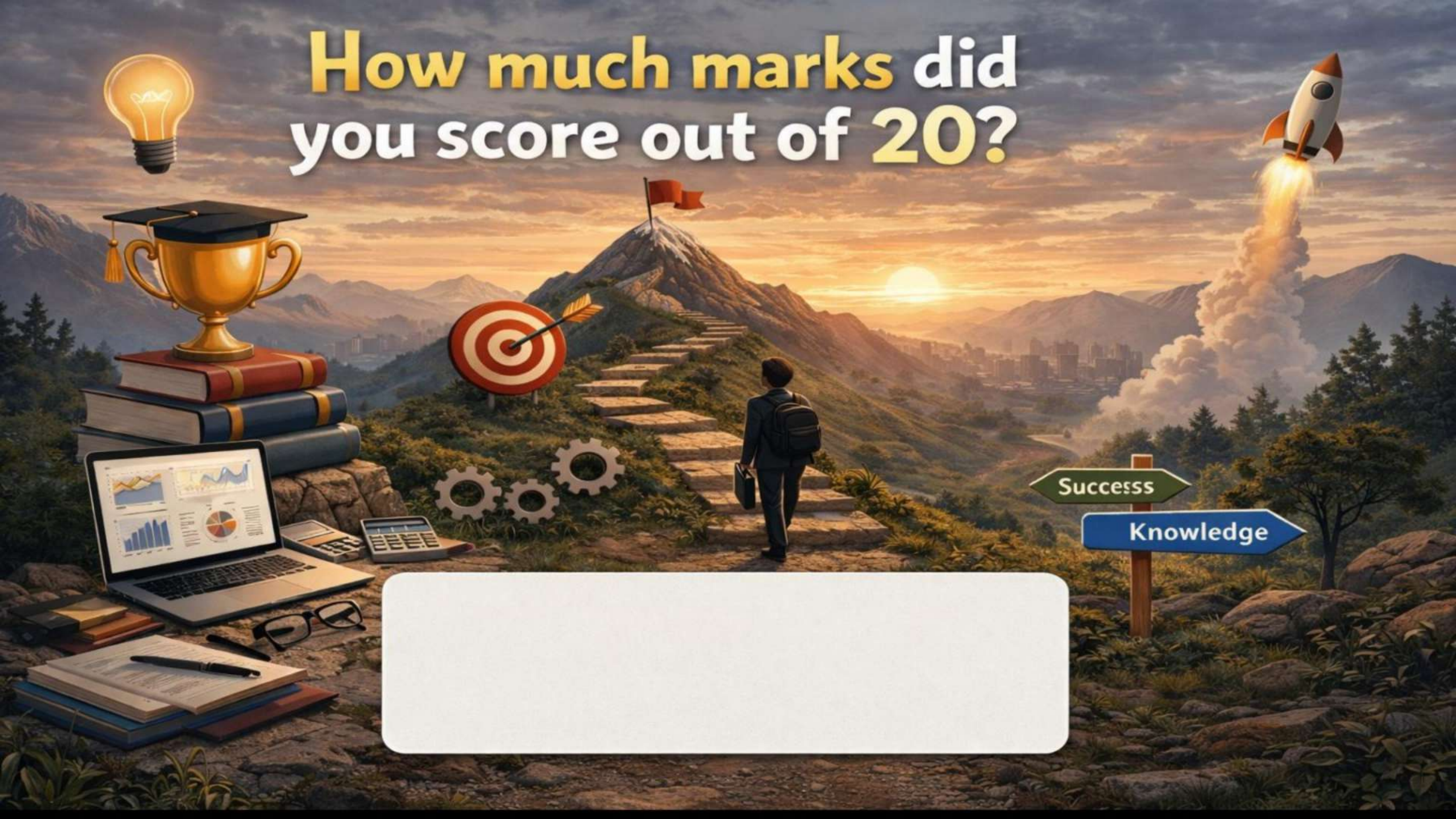
9. Which of the following would most strengthen the author's argument?

- A. Evidence that revised rolls matched independent demographic surveys
- B. Data showing uniform deletion rates across demographic categories
- C. Reports confirming seamless grievance redressal mechanisms
- D. Statistical proof that temporary migrants re-registered promptly
- E. Independent audits revealing large-scale unintended exclusions

10. Choose the word that is most nearly opposite in meaning to *lacunae*.

- A. Plenitude
- B. Incongruity
- C. Disjunction
- D. Anomaly
- E. Fragmentation

How much marks did you score out of 20?





RESET

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ACTIVATED

कुछ तो नया है...

26 FEB | 6:00 PM

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